# INNOCADEMY ALLEGAN

# MARCH 2020

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This institution ia an equal opportunity provider and employer. For any questions & information contact Sue Lambers: slambers@hollandchristian.org

### Milk Only .50 Adult meal: \$3.50

Milk is included with lunch. Chocolate Non-fat or 1% White milk.

MONDAY

2 Ham & Cheese
on Sub

Chip, Fresh Fruit,

Salad Bar,

Milk Choice

Peanut Butter

and Jelly

Uncrustable

Chip, Fresh Fruit, Salad Bar,

Milk Choice

WEDNESDAY

2 Turkey & Cheese on Sub Bun

Chip, Fresh Fruit, Salad Bar,

Milk Choice

THURSDAY

Peanut Butter

and Jelly

Uncrustable

Chip, Fresh Fruit,

Salad Bar,

Milk Choice

**SALAD BAR** with all meal

options

### MAR

Hamburger w/ Cheese, Bacon on Bun, Baked Beans, White Cheddar Smart Popcorn, Fruit Choice

2 HAM & CHEESE ON SUB

MAR

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16

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Hot Dog on Bun, **Smiley Potatoes** Fresh Strawberries

2 HAM & CHEESE ON SUB



Pillsbury Maple Waffles, Cheesy Omelet, Potato Rounds, Banana, Juice Choice

2 HAM & CHEESE ON SUB



Chili, Celery, Carrots, Mini Ice Cream Sandwich

2 HAM & CHEESE ON SUB

30 Soft Shell Beef Tacos, Lettuce, Cheese, Salsa, Spanish Rice, Steamed Corn, **Applesauce** 

2 HAM & CHEESE ON SUB

Dutch Waffles. Strawberries, Whipped Cream, Sausage Link, Mini Yogurt, Mango Wango Juice

PB & J UNCRUSTABLE

Cinnamon Glazed French Toast, Sausage Link, Potato Stars, Orange Juice, Clementines

2 PB & J UNCRUSTABLE

## MAR

St. Patrick's Day Shamrock Nuggets, Shamrock Shaped Pretzels, Fresh Broccoli, Green Ranch, Green Fruit Slushies

PB & J UNCRUSTABLE

### MAR 14

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French Toast Sticks, Sausage Link, Potato Rounds, Fruit Choice

2 PB & J UNCRUSTABLE

Mini Waffles, Potato Starz, 2 Sausage Links, Fruit and Juice Choice

2 PB & J UNCRUSTABLE

Cheesy Bread Sticks, 4 Marinara, Romaine Salad. Carrots and Ranch Fruit Choice

2 TURKEY/CHEESE SUB BAG

### MAR 11

Rotini Beef Pasta, Twisted Garlic Knot, Green Beans, Fruit Choice

**2** TURKEY/CHEESE SUB BAG





Cinnamon Rolls, Chicken Noodle Soup, Cucumbers, Carrots, Ranch, Yogurt, Fruit Choice

2 TURKEY/CHEESE SUB BAG

Hot Dog on Bun,

Crinkle Fries,

Vegetable Choice,

Fruit Choice

Chicken Drumsticks Whipped Potatoes, Gravy, Steamed Corn **Biscuit or Muffin** Fruit Choice

PB & J UNCRUSTABLE

### MAR 12

MAR

Chicken n' Waffles. Syrup, Steamed Corn, Fresh Apple Slices

2 PB & J UNCRUSTABLE



### MARCH MADNESS MAR

Prizes 76
Tyson Chicken Mini Bites,
Dunkin' Sauces Ranch,
BBQ Cheese Balls,
Slam Dunk Fresh Melon, Free Throw Cherry Tomatoes Pass the Corn Bread. Wear your team jerseys!

MAR

Pizza Hut Pizza Salad Bar, Fresh Fruit,



MAR

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Fresh Fruit, Fruit Slushie



Pizza Hut Pizza Pepperoni/Cheese, . Salad Bar,

Fresh Fruit, Fruit Slushie



Pizza Hut Pizza

Pepperoni/Cheese,

Salad Bar,

Fresh Fruit.

Fruit Slushie

### MAR

APR

**Romaine Mixed Greens, Cherry** Tomatoes, Broccoli, Cauliflower, Carrots, **Edamame Beans,** Spinach, Corn.

### Other choices may include

Cucumbers, Peppers, Snap Peas, Served with croutons. Cheese and Ranch, Italian & French Dressings.

### APR



PB & J UNCRUSTABLE



2 TURKEY/CHEESE SUB BAG GO TO LUNCHAPP.COM TO APPLY FOR FREE/REDUCED LUNCH BENEFITS (CONVENIENT & CONFIDENTIAL). HOT LUNCH IS A PREPAY PROGRAM. YOU MAY DEPOSIT MONEY AT: SENDMONEYTOSCHOOL.COM OR DROP OFF A CHECK AT SCHOOL.

### BREAKFAST IN THE CLASSROOM 8:50 - 9:10am

Yoplait "Go Big" Strawberry Low-fat Yogurt pouch, Strawberry Chex Mix snack, Mandarin Orange cup

### TUESDAY

Whole Grain **Donut, Fruit Choice,** Juice

### WEDNESDAY

Blueberry Muffin, Cheese Stick, Orange Wedges

Bagel, Peanut Butter, Cheese Stick, Juice, Apple Slices

Cereal Choice. Mini Muffin, **Peach Cup** 

**Breakfast** is available to all students at **NO CHARGE.**