




# INNO ACADEMY ALLEGAN CAMPUS

## SEPTEMBER 2019 MEAL PRICE: \$2.60

*This institution is an equal opportunity provider and employer. For any questions & information contact Sue Lambers: slambers@hollandchristian.org*

**Milk Only .50**  
**Adult meal: \$3.50**  
 Milk is included with lunch.  
 Chocolate Non-fat or 1% White milk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SEPT 2 	SEPT 3 	SEPT 4 	SEPT 5 	SEPT 6 
SEPT 9  Chicken Nuggets with Roll, Corn, Fresh Apple Slices, Grapes	SEPT 10 French Toast Sticks, Potato Triangle, Strawberry yogurt, Banana and Juice Cup	SEPT 11 Orange Chicken Rice Bowl served with Chop Sticks, Stir Vegetables, Pineapple and cookie	SEPT 12 Macaroni and Cheese, Steamed Green Beans, Blueberry Muffin, Fresh Melon and Grapes	SEPT 13  Pizza Hut Pizza Pepperoni/Cheese, Salad Bar, Fresh Fruit, Fruit Slushie
SEPT 16 Breaded Chicken Patty on Bun, Lettuce and Tomato, Carrots and Broccoli with Ranch, Apple slices 	SEPT 17 Pillsbury mini pancakes, Cheese Omelet, Potato Wedge, Oranges, Bananas, Juice Cup	SEPT 18  <b>Baseball Lunch</b> Hot Dog on Bun, Popcorn, Fresh Carrots, Watermelon, Mini Ice Cream Sandwich	SEPT 19  <b>Cheese Burger</b> on Bun, served with Leaf Lettuce, Fun-size Pretzels, Carrot munchers, Fresh Fruit	SEPT 20 
SEPT 23 Meatball Mozzarella Marinara Sub, Fresh Green & Red Peppers, Apple-sauce, Peach Slices	SEPT 24 Chicken Tenders, Corn Muffin, Sugar Peas with Hummus, Fresh Strawberries	SEPT 25 French Toast Sticks, Potato Triangle, Strawberry yogurt, Banana and Juice Cup	SEPT 26 Cheesy Bread, Garden Salad Cherry Tomatoes, Cheese & Ranch, Frozen Blue Raspberry Juice Cup	SEPT 27  Pizza Hut Pizza Pepperoni/Cheese, Salad Bar, Fresh Fruit, Fruit Slushie
SEPT 30 Tyson Mini Mega Chicken Poppers, Steamed Broccoli Michigan Apple, Mini Chocolate Chip Muffin	OCT 1 Dutch Waffle with Whipped Cream, Strawberry Cup, Potato Triangle, 2 Pork Sausage Links, Apple Juice	OCT 2  Dorito Walking Beef, Taco, Cheese, Lettuce, Salsa, Black Beans and Corn, Fresh Red Grapes	OCT 3 Macaroni and Cheese, Beef Dippers, Snap Peas and Carrots, Hummus, Fresh Strawberries	OCT 4  Pizza Hut Pizza Pepperoni/Cheese, Salad Bar, Fresh Fruit, Fruit Slushie

**BREAKFAST IN THE CLASSROOM**  
 8:50 - 9:10am

**MONDAY**  
 Yoplait "Go Big" Strawberry Low-fat Yogurt pouch, Strawberry Chex Mix snack, Mandarin Orange cup

**TUESDAY**  
 Whole Grain Donut, Fruit Choice, Juice

**WEDNESDAY**  
 Blueberry Muffin, Cheese Stick, Orange Wedges

**THURSDAY**  
 Bagel, Peanut Butter, Cheese Stick, Juice, Apple Slices

**FRIDAY**  
 Cereal Choice, Mini Muffin, Peach Cup

All breakfast are served with with 1% White Milk

**Breakfast is available to all students at NO CHARGE.**

**SALAD BAR**  
 with all meal options

Romaine Mixed Greens, Cherry Tomatoes, Broccoli, Cauliflower, Carrots, Edamame Beans, Spinach, Corn.  
 Other choices may include Cucumbers, Peppers, Snap Peas, Served with croutons, Cheese and Ranch, Italian & French Dressings.

GO TO LUNCHAPP.COM TO APPLY FOR FREE/REDUCED LUNCH BENEFITS (CONVENIENT & CONFIDENTIAL). HOT LUNCH IS A PREPAY PROGRAM. YOU MAY DEPOSIT MONEY AT: SENDMONEYTOSCHOOL.COM OR DROP OFF A CHECK AT SCHOOL.

